




**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR HIGH SCHOOLS
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
2 Main Line: Chicken Parmesan Or Jumbo Ravioli Fresh Green Salad Tasty Green Beans Delicious Fruit Crisp Pasta w/Italian Sauce Fresh Baked Breadstick Take Out Line: Hot Dog w/Chunky Chili Or Beef Burrito Potato Rounds Express Line: Fajitia Or Burrito Chips	3 Main Line: Delicious Chicken Tenders Broccoli Crown Florets Crunchy Carrots Sweet Green Peas Creamy Mac-N-Cheese Fresh Baked Roll	4 National Taco Day Main Line: Beef Tacos w/Fixings OR Beefy Burrito w/Refried Beans Fresh Baked Breadstick Take Out Line: Crunchy Mozzarella Sticks w/Tasty Marinara Sauce OR Fiesta Nachos Garden Fresh Salsa Express Line: Homestyle Hamburger	5 Main Line: Meatloaf OR Salisbury Steak OR Shepherd's Pie Fresh Crisp Carrots Creamy Mashed Potatoes Fresh Baked Roll Take Out Line: Hot Pepperoni Pizza OR Quesadilla Fresh Green Salad Fresh Crisp Carrots Cake OR Cupcakes Crispy Chicken Sandwich Crisp Green Lettuce Ripened Red Tomatoes Southern Potato Salad Cake OR Cupcakes	6 PARISH FAIR HOLIDAY
9 Main Line: Chicken Sauce Piquante Steamed Colorful Carrots Southern Potato Salad Buttery Toast Chewy Oatmeal Cookie Take Out Line: Crispy Chicken Sandwich Hot French Fries Express Line: Roasted Turkey OR Ham & Cheese PoBoy Southern Potato Salad	10 Main Line: Spicy Chicken Tenders Fresh Crisp Broccoli Cheesy Potato Au Gratin Fresh Baked Roll	11 Main Line: Roasted Pork OR Pork Chop Louisiana Style Red Beans OR Creamy White Beans Garden Green Salad Fluffy Brown Rice Fresh Baked Roll Chewy Cookie Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries Express Line: Homestyle Hamburger	12 National Gumbo Day Main Line: Savory Gumbo Garden Green Salad Crisp Carrots Creamy Cole Slaw Fresh Baked Roll Take Out Line: Meatball Sub OR Flaky Fish Sandwich Hot French Fries Express Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich	13 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
16 Main Line: Italian Meat Sauce w/Pasta OR Piping Hot Lasagna Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Rice Crispy Treat Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries Express Line: Homestyle Hamburger	17 National Pasta Day Main Line: Spicy Chicken Tenders OR Delicious Chicken Tenders Garden Green Salad Steamed Broccoli Florets Creamy Mac-N-Cheese Buttery Toast	18 Main Line: Homemade Meatloaf OR Superior Salisbury Steak OR Comfort Food Shepherd's Pie Fresh Crisp Carrots Creamy Mashed Potatoes Fresh Baked Roll Take Out Line: Hot Dog w/Chili OR Beefy Burrito OR Taco Burger Potato Rounds Express Line: Hot Pepperoni Pizza OR Hot Cheese Pizza	19 Main Line: Southern Fried Catfish OR Creole Baked Catfish Garden Fresh Salad Baked Beans Hot Baked Potato Fresh Baked Roll Take Out Line: Homestyle Hamburger Hot French Fries Express Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich	20 Main Line: Festive Chicken Gordita OR Garden Chicken Wrap Crisp Green Lettuce Garden Fresh Salsa Crisp Diced Tomatoes Whole Kernel Corn Fresh Baked Breadstick Take Out Line: Hot Pepperoni Pizza OR Quesadilla Express Line: Corndog Southern Potato Salad
23 Main Line: Creamy Chicken Fettuccine OR Cajun Chicken Pastalaya OR Breezy Beefy Mac Fresh Crisp Carrots Seasoned Green Beans Fresh Baked Breadstick Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries Express Line: Fruit Smoothie OR Parfait	24 Main Line: Delicious Chicken Tenders OR Dipping Chicken Nuggets Garden Green Salad Creamy Mashed Potatoes Fresh Baked Roll	25 Main Line: Beef Tacos w/Fixings Whole Kernel Corn Garden Fresh Salsa Fresh Baked Breadstick Take Out Line: Spicy Chicken Sandwich Tasty French Fries Express Line: Hot Pepperoni Pizza OR Hot Cheese Pizza OR Mini Chicken Sandwich	26 Main Line: Roasted Turkey Sweet Potato Casserole Rice and Gravy Fudgy Brownie Take Out Line: Flakey Fish Sandwich OR Meatball Sub Hot French Fries Express Line: Homestyle Hamburger Southern Potato Salad	27 Main Line: Finger Lick'n Chicken Baked Potato Fresh Broccoli Baked Beans Hot Fluffy Roll Take Out Line: Homestyle Hamburger Hot French Fries Express Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich
30 Main Line: Chicken Parmesan Or Jumbo Ravioli Tasty Green Beans Delicious Fruit Crisp Pasta w/Italian Sauce Fresh Baked Breadstick Take Out Line: Hot Dog w/Chunky Chili Or Beef Burrito Potato Rounds Express Line: Fajitia OR Burrito Chips	31 Main Line: Delicious Chicken Tenders Broccoli Crown Florets Sweet Potato Soufflé Creamy Mac-N-Cheese Fresh Baked Roll Rice Crispie Treat		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies  Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.